

## Ideas for IVAPM Student Chapter Activities

1. Ask your advisor or other faculty, house officer, veterinary technician/nurse with pain or analgesia expertise to provide lectures or labs for the group once a semester. We recommend contacting Certified Veterinary Professionals (CVPP) that are affiliated with your school. CVPPs are veterinarians and veterinary technicians that have completed rigorous analgesia training to achieve their CVPP certificate. A list of CVPPs is available on the IVAPM main website. Your advisor is likely to have ideas on who can speak.
2. Ask your advisor or other faculty, house officer, veterinary technician/nurse with pain or analgesia expertise to conduct 'pain rounds' on patients in the hospital (or using a case-based presentation).
3. Contact a local veterinarian or veterinary technician/nurse with pain management expert to see if they can provide a lecture, discussion or practice visit. We recommend contacting CVPPs in your area. If there are no CVPPs available, your advisor or other faculty/staff members may be able to recommend an appropriate veterinarian or veterinary technician/nurse.
4. Contact your student industry representatives to see if they will partner on pain management related presentations. Companies that support pain management include Zoetis, Elanco, Merial, Aratana and Bayer.
5. Coordinate a pain management lecture or lab with another club. Examples include:
  - Lameness lecture/lab with equine group.
  - Orthopedic lameness exam lab with canine group.
  - Analgesia in cats discussion with feline group.
  - Marketing pain management in your practice with business group.
  - Promotion of analgesia in production animals with ag animal group.
  - Analgesia in a high-volume clinic with shelter animal group.
  - Non-pharmacologic analgesia with integrative medicine or holistic group.
6. Use the resources on the IVAPM Student Chapter website for group discussions or presentations. Handouts, journal articles, podcasts and powerpoint presentations will be available for you to use, but not all of these may be available all the time since we will be updating the material as needed. Your advisor will likely have additional resources of their own and will have resources available through the Student Chapter Advisor section of the Student Chapter page on the website.
7. Have your advisor or other pain specialist choose an interesting journal article regarding pain/analgesia and hold a 'journal club' where you discuss the article with other chapter members.
8. **September is Pet Pain Awareness month!** In August, download Pet Pain Awareness posters from [ivapm.org](http://ivapm.org) and hang them around the school. Schedule Pet Pain Awareness activities throughout the month of August. Activities could include: trips to local veterinary hospitals to distribute posters (leave an IVAPM brochure while you are there 😊), sponsor a lunch and learn lecture on pain management that all students are invited to attend, provide students with 'NO

PAIN' stickers or buttons, disseminate a good article on pain management (eg, the WSAVA or AAHA pain guidelines) to all students in the school, hold a 'student challenge' or some other contest that involves games focused on knowledge of pain management (eg, a jeopardy type game). Ideas for contests and games will be posted on the Student Chapter Website.

9. Partner with or work for a local practice or other animal health organization to provide community outreach programs. These could include, helping in vaccine or wellness clinics, activities to raise money for local animal shelters or care for homeless pets, travel to underdeveloped countries to help with animal care, etc.. An example of an IVAPM affiliated program for underdeveloped countries is Eagle Y Condor in Ecuador. During these programs, assist in educating the community on pain and analgesia in animals.