Is Your Cat in Pain?

Cats often have pain from arthritis, urinary problems and many other conditions. It can be challenging to tell if your pet hurts, because cats have a strong natural instinct to hide their pain. There are many options to treat pain in cats and give them a more comfortable life. Please use the checklist below to help your veterinarian determine if your cat is in pain.

Your Name: _______________________________________________________

Pet Name: _______________________________________________________

Check all the things you have noticed in your cat:

☐ Reluctance to jump onto counters or furniture (does it less)
☐ Difficulty jumping up or down from counters or furniture (falls or seems clumsy)
☐ Difficulty or avoids going up or down stairs
☐ Less playful
☐ Restlessness or difficulty finding a comfortable position
☐ Vocalizing (purring, or hissing) when touched or moving
☐ Decreased appetite
☐ Less desire to interact with people or animals (hiding, resisting being pet, brushed, held, or picked up)
☐ Excessive licking, biting or scratching a body part
☐ Sleeping in an unusual position or unusual location
☐ Unusual aggression when approached or touched (biting, hissing, ears pinned back)
☐ Changes in eye expression (staring, enlarged pupils, vacant look, or squinting)
☐ Stopped using or has difficulty getting in or out of litter box
☐ Stopped grooming completely or certain areas
☐ Other Concerns: _____________________________________________________________________

Have questions about this information? Contact IVAPM at Info@IVAPM.org
To learn more about Animal Pain Management visit IVAPM.org

Did you know that your veterinary care team is a member of the International Veterinary Academy of Pain Management (IVAPM), which is an international organization committed to insuring that animals have a pain free life.