



Beatriz Monteiro-Steagall, DVM Quebec, Canada

Q: Why did you join IVAPM?

A: I joined IVAPM to help spread awareness and education about pain management and animal welfare worldwide!

Q: What is the importance of pain management in veterinary medicine?

A: Pain is an unpleasant sensory and emotional experience (IASP). Pain results in suffering from its physiological and affective consequences. As veterinarians and veterinarian technicians, we have a moral responsibility to mitigate pain and suffering. For this, we must have knowledge on the clinical signs and behavioral changes associated with different painful conditions, as well as the appropriate treatments using pharmacological and non-pharmacological options. Prevention of pain should always be prioritized if possible.

Q: What vet medicine pain management related initiatives are you involved with and/or most proud of accomplishing?

A: As a finishing PhD student at the University of Montreal, I am proud to receive the highly prestigious Vanier Canada Graduate Scholarship. I am also proud to be an invited speaker at veterinary conferences and to be the author of nearly 30 scientific articles. In the near future, I will be involved in spay-neuter programs in developing countries which will hopefully contribute to increase the pet-human bond and responsible ownership.

Q: What passion veterinary projects are you currently involved?

A: Within IVAPM, I am extremely happy to work with veterinarians around the globe to have our educational material translated and available in several languages to IVAPM members. I am also very passionate about all of my research and collaborations in order to produce solid research and ultimately promote evidence-based veterinary medicine.

Dr. Monteiro-Steagall is a graduate of the Universidade Estadual Paulista (Unesp)-Botucatu. She completed two internship programs at the University of Guelph and she is now a PhD candidate at the University of Montreal.